

# 51st Fighter Wing Commander's Talking Points

“Our charter as Airmen is to take the greatest treasure in our nation’s arsenal, which is the young men and women who choose to serve and put on this uniform, and we mold, train and develop them.”

Gen . David Goldfein,  
Air Force Chief of Staff

LEADING  
THE  
CHARGE

## Fitness Isn't just About Finishing the Race

As Mustangs here at the 51st Fighter Wing, we must be ready to “Fight Tonight.” One of the ways we accomplish this is through fitness. Fitness encompasses how we’re conditioned physically and mentally. As Airmen, we should be participating in behaviors that contribute to our readiness. To keep physically fit, it’s important to eat healthy, exercise regularly, avoid tobacco and to stay up to date with medical requirement items. Along with taking care of our body physically, we should not be complacent about taking care of ourselves psychologically, as well. The mission here at Osan AB is a rewarding one, but at the same time it can be challenging. There are many programs in place here to keep Airmen mentally/spiritually/emotionally ready, such as speaking to a Military Family Life Counselor, attending services at the Chapel, or hanging out with a friend or mentor.

<http://www.afcrossroads.com/index.cfm>

## Train like we fight

As we get closer to our next exercise where we practice real-world scenarios to train like we fight, it’s abundantly clear that we must stay true to the 51st Fighter Wing’s mission: defend the base, execute contingency operations and sustain the force. We must continue to train with our ROK partners so our presence continues to deter aggressive actions from North Korea. I’m proud of our Airmen’s tenacity to accomplish the mission day in and day out. Let’s make sure as we enter this next exercise, Beverly Herd 16-02, those who have experience with exercises here provide team members to facilitate a clear understanding of the importance of enhancing our contingency operations on the peninsula.

<http://www.osan.af.mil/News/ArticleDisplay/tabid/3958/Article/758595/beverly-herd-16-01-wraps-up-at-osan.aspx>

## Leadership vs. Authority

If someone asked you if you were a leader or merely had authority, what would you say? The rank on your collar or sleeve does not necessarily mean you have an ability to be a leader, though it may give you authority. You may have authority from your position, but it’s important to learn to lead and inspire your Airmen, not just manage them. You may find through leadership, your Airmen will work 10 times harder for you. Leaders will make sure those Airmen know that they have their back, see them as a person and not just another body in a uniform. Make your Airmen know and understand that they are important to you and make sure you are approachable in order to deal with any issues that may arise in their lives.

[http://www.ted.com/talks/simon\\_sinek\\_why\\_good\\_leaders\\_make\\_you\\_feel\\_safe](http://www.ted.com/talks/simon_sinek_why_good_leaders_make_you_feel_safe)