

ULTRASOUND PREP

****PLEASE DO NOT BRING CHILDREN UNDER 12 YEARS OLD WITH YOU TO YOUR EXAM. DUE TO SAFETY CONCERNS , THEY WILL NOT BE ABLE TO GO INTO EXAM ROOM , AND THEY CANNOT BE LEFT UNATTENDED IN THE WAITING ROOM.****

Abdominal studies (not including kidneys):

• **DO NOT** eat or drink anything after midnight the evening prior to exam. This includes water, gum, coffee, etc.

Pelvic/OB/Kidney Studies:

- A full bladder will be required for all OB/GYN related studies
- Empty your bladder 2 hours prior to appointment
- Once bladder is empty, **IMMEDIATELY** drink 24 oz. of water or clear fluids.
- Finish all 24 oz. no later than 1 hour prior to exam
 - (ex, if your appointment is at 1000, you will finish drinking at 0900)
- Once you finish drinking your 24 oz of fluids, **DO NOT EMPTY BLADDER** until instructed by technologist

OB Policies:

- Due to sensitivity of a 1st trimester (early) pregnancy, **no one** is permitted in the exam room with the patient. ****This is DI policy only, this is not applicable to the Women's Health Clinic visits.**
- Pictures will be given at the 2nd trimester (mid) pregnancy appointment **only**
- Family members are permitted to accompany patients for the 2nd trimester pregnancy appointment **at the end of the exam**, once all official measurements and pictures are captured. This is to ensure the integrity and safety of the exam.
- Gender reveal is **not** a requirement by the provider or Radiology standards. Ultrasound is not 100% at determining gender. It is at the discretion of the technologist if gender can be disclosed, and will only be viewed at 20 weeks gestation or later. Please let technologist know if you do/do not want to know gender.