



Together, we can save a life

Fact Sheet

Health and Safety Services

Health and Safety Programs

COURSE:	Adult CPR/AED (First Aid/CPR/AED Program)
Course Code:	32411
Purpose	To give individuals in the workplace the knowledge and skills necessary to provide care for breathing emergencies, perform cardiopulmonary resuscitation (CPR), and use an automated external defibrillator (AED) for victims of sudden cardiac arrest.
Prerequisites	None
Learning Objectives	<ul style="list-style-type: none">• Explain the three emergency action steps to follow in an emergency;• List four life-threatening conditions for which you should check;• Recognize the signals of a heart attack;• Explain the cardiac chain of survival for a victim of cardiac arrest;• List the precautions for using an AED;• Demonstrate how to use basic precautions when caring for victims of breathing and cardiac emergencies;• Demonstrate how to check an unconscious adult;• Demonstrate how to care for a conscious and an unconscious choking adult;• Demonstrate how to give perform to an adult; and• Demonstrate how to use an AED for an adult in cardiac arrest.
Length	Approximately 4 ½ hours
Instructor	Currently authorized First Aid/CPR/AED, Workplace Training: Standard First Aid, First Aid: Responding to Emergencies, Sport Safety Training, Lifeguarding, Emergency Response or CPR/AED for the Professional Rescuer instructor, who has also met state qualifications where required.
Certification Requirements	<ul style="list-style-type: none">• Attend and participate in all course sessions;• Demonstrate competency in all required skills listed on the skills checklist;• Participate in all skills sessions and scenarios; and• Pass the final written exam with a score of 80 percent or better.
Certificate Issued and Validity	Adult CPR/AED – 1 year



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Period

Participant

Materials

American Red Cross First Aid/CPR/AED Program

Participant's Booklet (Stock No. 656629); and

American Red Cross Adult CPR/AED Skills Card (Stock No. 656559)