

101 Critical Days of Summer officially underway

Pacific Air Forces safety officials are striving for a third consecutive year without a fatality during this year's 101 Critical Days of Summer campaign.

The campaign kicks off May 22 through Sept. 8. This year's theme is "Play To Live, Live To Play."

"The role of commanders, supervisors and Wingmen during the 101 Critical Days of Summer is to energize mishap prevention efforts," said Chief Master Sgt. Elbert McClain III, PACAF chief of ground safety.

This can be accomplished by taking the following steps, he said:

Motivating: Provide the incentive and influence to people so they will want to make the right decision.

Educating: Develop knowledge, skills and character in people to ensure the pathways to do things in a safe manner or lower the exposure to risk are followed.

Activating: When the tools are provided to guide people through the tasks safely, ensure people understand the importance of making the right choice.

During the fiscal year 2008 campaign, the Air Force reported 16 deaths.

"In FY09, we are targeting a goal of zero fatal mishaps," said Chief McClain. "Each and every one of us can strive for zero tolerance of mishaps."

PACAF safety teams will focus their efforts upon the main mishap producing agents: motor vehicle mishaps both two- and four-wheeled, sports and recreation, and alcohol and fatigue.

"For the 101 Critical Days of Summer to be a success it will require constant effort and awareness," said Lt. Col. Matt Beckley, 51st Fighter Wing Chief of Safety.

"It is imperative that everyone takes a close look at their personal risk management and makes smart decisions.

Checking your own six o'clock as well as your wing-

man's will keep the 51st Fighter Wing Ready to Fight Tonight," he added.

For more information, contact the 51st Fighter Wing safety office at 784-1842. *(Courtesy of the 51st Fighter Wing Public Affairs office)*

Summer Safety Tips

The 101 Critical Days of Summer is that time of year from the beginning of the Memorial Day Weekend to the end of the Labor Day Weekend.




The leading cause of fatal mishaps during this time period has been in off-duty private motor vehicle mishaps. Other than vehicle mishaps water sports accounts for the second highest fatality of Air Force Airmen during the 101 Critical Days of Summer.

Preventing those and other 'preventable' mishaps during this year's 101 Critical Days campaign depends largely on each commander, supervisor and Airman assigned to Osan Air Base. Encourage each other to make responsible decisions in their activities and to have a safe and enjoyable summer.

Swimming Safety Tips:

- Obey no diving signs that indicate the area is unsafe for headfirst entries. Enter feet first into water rather headfirst if you don't know the depth.
- Drink plenty of water regularly and often even you do not feel thirsty. Your body needs water to keep cool. Avoid drinks with alcohol or caffeine. They make you feel good briefly, but makes the heats affect on your body worst. This is especially true with beer which dehydrates the body.
- Alcohol and swimming don't mix. Alcohol impairs judgement, balance and coordination, especially in the water. It effects your swimming and diving and reduces the body's ability to stary warm.

Osan 3-day Outlook

Fri.	Sat.	Sun.
High: 68	High: 67	High: 77
Low: 58	Low: 54	Low: 56
		

51st Services Squadron hosts annual Build-a-Boat competition ... See more on pg. 3



51st Aerospace Ground Equipment Flight ... See more on pg. 4



Diamond Talk

“How do you spend your time?”

Master Sgt. Scott Palfreyman
51st Aircraft Maintenance Squadron
first sergeant

So, what have you done with your time here in Korea? What do you plan to do?

I only ask because it seems so many folks spend their year here with almost nothing positive to show for it. From what I've seen, these individuals fall into one of two categories.

Category one comprises people who didn't want to come here, don't want to be here, and are determined to hate it for the entire year they are here.

Some truly enjoy what they do for the Air Force and immerse themselves in their work to compensate, while others bring their negative attitude to the job and don't mind sharing it.

None of them, however, tend to see much of anything in their off duty time outside their dorm room walls.

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COMPACAF: Suicide prevention is a leadership challenge to us all

by Gen. Howie Chandler

Commander, Pacific Air Forces

Every time a life is lost in Pacific Air Forces I am alerted. All are tragic in different ways, but among the most troubling is when it involves a suicide.

During the course of my 35 years on active duty, I've learned that we cannot prevent every suicide attempt. More importantly, I've learned that we can prevent many through good leadership--connecting with our people and recognizing signs of distress.



“I've learned that we can prevent many through good leadership--connecting with our people and recognizing signs of distress ...”

-General Chandler
Pacific Air Forces commander

The Air Force Suicide Prevention Program has led to a 28 percent decrease in suicide rates during the last 10 years and fortunately PACAF has been consistently below the Air Force rate. Again, what this means to me is that good leadership at all levels makes a difference. We must encourage our teammates, friends and family members in distress to seek help and to follow up regularly until the problem is resolved.

While Air Force life can be one of the greatest experiences you'll ever have, it can also be overwhelming at times. Meeting the high standards our nation expects often requires frequent moves, deployments to hostile environments, and long hours. This can be stressful on both our Airmen and their families.

Healthy, supportive relationships are key to dealing with this stress and have been shown to be the main factor in helping people get through difficult times. We need to continue to emphasize the value of healthy relationships, foster an environment of caring, and continue to be good wingmen.

Eva-Marie and I are proud to be associated with all of the Airmen, civilians and family members in the Pacific. We all share the common bond of service and sacrifice as we accomplish our mission in this, the greatest Air Force in the world.

Please stay engaged as a supervisor, friend and wingman. One Airman lost to suicide is one too many.

Got A Story to Tell?

The 51st Fighter Wing Public Affairs Office is here to tell the Air Force story, but we can't do it without the rest of Team Osan.

If you or your unit has done or is doing something interesting, whether it be volunteering or creating a new “Best Practice,” let us know! For more information, call 784-4044 or send an email to MigAlleyFlyer@osan.af.mil

7 Osan Airmen receive Articles 15

Staff Sgt. Frank Masella
51st Fighter Wing Law center

The military justice system is a commander's program designed to support good order and discipline in the unit and to ensure mission accomplishment.

When commanders decide to impose nonjudicial punishment, they can choose from a variety of punishments.

For enlisted members, that list includes reduction in rank, forfeiture of pay, restriction (e.g., to the base, from the clubs), extra duties, and a reprimand.

At some bases, correctional custody is also an option.

Officer could receive forfeiture of pay, arrest in quarters, restriction, and a reprimand.

While the facts of some offenses appear similar, commanders take into account the member's duty performance, attitude, potential and disciplinary history, such as previous

counselings, reprimands or nonjudicial punishments.

The following Airman received Articles 15 between May 18-May 22.

■ A senior airman accepted an Article 15 for failing to report to duty on time and signing an official document with the intent to deceive. Punishment consisted of suspended reduction to airman 1st class, restriction to base for 45 days, 30 days extra duty, and a reprimand.

■ A senior airman accepted an Article 15 for being disrespectful in language toward a noncommissioned officer and for being drunk and disorderly. Punishment consisted of reduction to airman 1st class, restriction to base for 60 days, restriction from all base facilities that serve alcoholic beverages for 60 days, 15 days extra duty, and a reprimand.

■ A staff sergeant accepted an Article 15 for failing to refrain from sleeping on duty and failed to report to duty on time. Punishment consisted of suspended reduction to senior air-

man, restriction to base for 45 days, restriction from all base facilities that serve alcoholic beverages for 45 days, 45 days extra duty, and a reprimand.

■ An Airman accepted an Article 15 for consuming alcohol while under the legal drinking age of 21. Punishment consisted of suspended reduction to airman basic, 45 days extra duty, and a reprimand.

■ An airman 1st class accepted an Article 15 for consuming alcohol while under the drinking age. Punishment consisted of suspended reduction to airman and a reprimand.

■ A senior airman accepted an Article 15 for failing to report to duty on time. Punishment consisted of suspended reduction to airman 1st class and a reprimand.

■ An airman 1st class accepted an Article 15 for sleeping while on duty. Punishment consisted of a suspended reduction to Airman, forfeiture of \$784 for 60 days, with the portion in excess of \$784 to be suspended, 20 days extra duty, and a reprimand.



Does your boat float?

Members of the Osan community paddle around the Defender Outdoor Pool during the 2009 Build-a-Boat contest here May 23. The Build-a-Boat contest is an annual event hosted by the 51st Services Squadron that encourages members of the community to get the creativity flowing by building an "operational" boat from cardboard. The winning boat was the first boat to make one lap in the pool with the contestants still inside. First place went to the 7th Air Force team, with the 51st Maintenance Group taking home second and the 51st Medical Group third. (Courtesy photo)

A.G.E.

by Staff Sgt. Terri Barriere
51st Fighter Wing Public Affairs

While it may seem that an organization capable of providing support to virtually any air frame in the Air Force, while still being able to provide adequate ground support to the base when needed, might be a “super squadron” of sorts, at Osan, this mission is accomplished by the 51st Aerospace Ground Equipment Flight.

According to Senior Master Sgt. Rodney Hood, 51 AGE Flight chief, the mission of AGE is to provide quality, effective ground equipment support to help enable combat operations.

“We support the mission by delivering ground support for aircraft through electrical power, lighting units, air compressors, nitrogen, hydraulic testing, servicing aircraft and even providing air conditioning units to help cool the avionic portion of air craft or even buildings,” said Staff Sgt. Tony Williams of the 51st Aerospace Ground Equipment Flight.

Sergeant Williams said without the ground support AGE provides, the maintainers would not be able to fix aircraft, as AGE maintains the equipment required to complete daily flying operations.

According to Sergeant Hood the more than 60 AGE Airmen accomplish this

mission by being trained in all aspects of ground support. “We’re kind of jacks of all trades,” he said.

“I think people don’t really understand just what we do, and how much stuff we actually fix,” said Sergeant Williams. “We fix everything from AC units to generators to jacks, although, I think a lot of people are under the impression we drive along the flight line just delivering equipment.”

51st Aerospace Ground Equipment Flight



Tech. Sgt. Heath Warren trouble shoots an MA3D air conditioner which is used to cool the avionics section of air craft here.

The AGE flight here also supports the many operational readiness exercises, non-combatant

evacuation exercises and real-world security demands at Osan, which Senior Airman Tommy Marshall said adds a completely new element to the day-to-day activities.

“One of the biggest things we do here is provide support for any kind of real world failure the civil engineers cannot,” he said. “It’s a good assumption that if you see green equipment around base, it belongs to AGE.”

Another element that changes the dynamics of day to day activity in the flight is the high change over rate at Osan.

“Change over presents many challenges for us,” said Master Sgt. Gary Fultz, 51 AGE Flight superintendent. “The biggest challenge I guess is being able to adequately

support the flightline mission during high turn-over months like the summer, however with the new people, come fresh ideas.”

Ironically enough, even with a higher change over rate than any other base, the members of the AGE flight here consider themselves to be a tighter knit group than anywhere else.

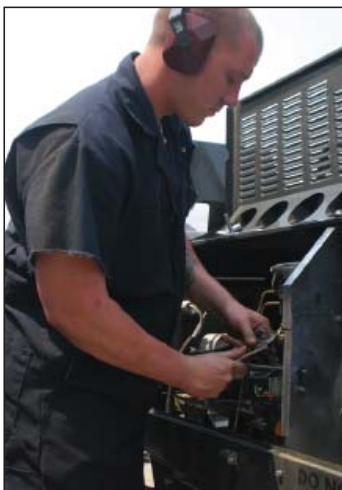
“We are closer than most AGE flights,” said Staff Sgt. Audreyous Bingham, 51 AGE Flight. “Since our families are not here, all we have is each other, which helps at work. When you play together well and you work together well it makes it easier to resolve any problems.”

Sergeant Hood said it’s this level of teamwork, coupled with the flight’s drive and ...

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Senior Airman Isaac Amador checks the tire pressure on an MHU Bomblift during a routine service inspection.



Senior Airman Greg Hawthorn checks the fuel injectors on a new generation heater

Osan recognizes National CPR /AED awareness week

by Ms. Erica Anderson
51st Medical Group

The first week of June will mark the second National Cardiopulmonary Resuscitation and Automated External Defibrillator Awareness Week.

This week brings attention to the problem of sudden cardiac arrest as well as the significance of CPR skills and AED access and training.

Most cardiac emergencies occur outside the hospital and the first people on the scene are usually family members or friends of the victim. If these people know and perform CPR, and have quick access to an AED the chances of survival for the victim increase by as much as 40 percent.

Sudden cardiac arrest strikes not only the elderly or unfit, but can also strike athletes and even children.

The most common cause of sudden cardiac arrest is coronary artery disease, but it can also be a result of a respiratory arrest like choking or drowning or even a traumatic accident.

It is imperative that everyone know the life saving skills to perform CPR, and be confident in those skills if a situation arises.

Knowing CPR is just one step in what is called the "chain of survival." This chain contains four links, and following these links will help ensure that the victim has the best chance for survival.

The first link in the chain is "early access." This begins with recognizing and acting on the warning signs of a cardiac emergency. Signs may include chest discomfort that can radiate to the back, neck, arm, or jaw, shortness of breath, nausea, cold sweats and/or lightheadedness. If any of these signs are experienced, it is imperative that the individual receive early access to care by calling emergency services immediately.

The next link in the chain is early CPR. CPR must be performed immediately for a victim who is unresponsive

and not breathing. CPR consists of both chest compressions and rescue breathing and will ensure that blood and oxygen are delivered to the vital organ until the victim's heart resumes pumping.

CPR is followed by early defibrillation. This is the use of an automated external defibrillator (AED) on the victim as soon as one becomes available. Most cardiac emergencies are a direct result of an abnormal heart rhythm. These victims need to receive an electrical shock to restore their rhythm to normal. An AED is portable and should be applied as soon as you know the victim is not responsive and not breathing. The AED will then analyze the victim's heart rhythm and shock that rhythm if appropriate.

The last link on the chain is early advanced care. This means the victim receives treatment by a qualified medical team as soon as possible. This usually starts with the EMTs or paramedics that arrive on the scene, and continues through the victim's time in the hospital.

The speed at which this chain is activated makes an immense difference in the outcome of the victim; in fact, it can be the difference between life and death. Every minute that a victim goes without CPR and AED use, their chance of survival drops by 7-10 percent!

The goal of the American Heart Association and American Red Cross during National CPR and AED Awareness Week is to train one million people in CPR.

Osan will be doing its part by hosting a mass training event at the Community Center in effort to train 250 people at Osan alone.

We encourage entire units to attend classes together that week and learn the lifesaving skills of CPR and AED use.

If you or your unit is interested in attending, please contact the 51 MDG Education and Training Office at 784-9131 to reserve seats, or send an email to the BLS Program Coordinator, Ms. Erica Anderson at erica.anderson@osan.af.mil.

AGE

Continued from pg. 4



... with the flight's drive and willingness to get the job done that makes them successful at the end of the day.

"The operations tempo at Osan is unrivaled compared to the [area of responsibility] or the [continental U.S. bases]," he said. "The manpower standards are different but we are flying a much higher SORTIE rate than other bases and that really puts us to the test."

Sergeant Hood said the flight re-

sponds to these test with equally unrivaled enthusiasm.

"It's a lot of long hours, sometimes even weekends spent maintaining this equipment, and even though it's some of these guys first experience at an operational base they are getting the job done," he said. "We have a lot of stand up Airman who aren't afraid to get dirty and keep rolling through. They are really a great bunch and I couldn't be more proud of them."

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Senior Airman John Caselton *36th Fighter Squadron*



Duty title: Aviation Resource Management Journeyman
Hometown: Jerseyville, Illinois
Family: Mom – Phyllis; Dad – Darrel; Sister - Amber
Time on station: 4 Months
Follow-on assignment: Aviano AB, Italy
Most rewarding job aspect: Working with the Fiends
Goals: To make staff sergeant and eventually get my Bachelors Degree in Business
Hobbies: Baseball, Golf, Hiking, Snowboarding

Airman Caselton is an extraordinary Aviation Resource Management Journeyman assigned to the 36th Fighter Squadron. He has been a key player and directly contributed to superior aircrew support for 50 F-16C/D attached/assigned pilots flying ROK missions. Airman Caselton expertly pre-coordinated flight requirements, confirmed crews were ready for step brief, and averted late takeoffs. Additionally, he input 116 mission packages, up-channeled/reported 141 daily flying hours to wing scheduling, and ensured timely, accurate information flow/products, arming my leadership team with the necessary data to make sound decisions while honing our combat capabilities. Airman Caselton was poised under pressure when executing effective In-Flight Emergency radio support and preparing maintenance for ground recovery of the aircraft. His flawless work ethic led to his selection as a 51st Fighter Wing "Hero of the Day" during the March 2009 Operational Readiness Exercise and during the Pacific Air Forces 2009 Operational Readiness Inspection. Finally, Airman Caselton's untiring dedication earned him distinction as the 36th Fighter Squadron's Airman of the Quarter, 1st quarter 2009. He is unquestionably an essential, outstanding performer integral to the 51st Operations Group's success!

- Lt. Col. Robert Swaringen
36 FS commander

Diamond Talk

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Then there's another group that does seem to enjoy being on the "Pen" even though they've actually seen very little of it.

Most of what this group knows of Korea is the more than 100 bars located within walking distance of the main gate.

These folks work hard all week with the single-minded goal of getting trashed on the weekend and making it back to the gate within seconds of curfew.

At best, they leave here with a couple hundred half-remembered drunk stories and a missed opportunity for personal and professional growth.

I urge you not to be among either of these groups. This assignment offers too much opportunity for any of us not to take full advantage of it. Convincing yourself how bad it is here won't change the fact that you are here.

Drinking irresponsibly won't change this fact and eventually leads to big trouble in your personal life and at work.

Instead, why not take a visit to the education office and get to work on pursuing that CCAF or higher degree?

Why not sign up for an MWR tour and experience the beauty and culture of our host nation; you could learn a foreign language, take up an instrument, volunteer in the community or simply get in shape at our wonderful fitness center.

There's an almost endless list to choose from, but it's up to you to make that choice.

I hope you do.

I would like every one of our Osan Airmen to return to their family and friends able to proudly say "Look what I've seen and done and accomplished while I've been away."

The relatively short time you spend here can benefit you for the rest of your life, or it can be a dark period you'd prefer to forget altogether.

So I ask again, what have you done with your time here? What are you planning to do?

Chaplain's Corner

by Ch. Lt. Col. Bruce R. Glover
51st Fighter Wing chaplain

This morning I would encourage you and your troops to become "somebody else." Here's what I mean:

With many PCSing, there is the temptation to say "I only have one month left, I'll let somebody else do that . . ."

With many organizations (Chapel, Airman and Family Readiness Center, Boy/Girls Scouts, schools, and many other organizations) heavily relying on volunteers, there are still too many people who say, "I'll let somebody else volunteer."

As I walk around base I notice by the amount of trash and cigarette butts thrown down that there are too many people who still say, "I'll let somebody else pick up my trash."

Tragically, when one of our own gets in trouble downtown, too many times friends or even supervisors say, "I'm going to let somebody else deal with him or her."

What we need instead are people who are willing to become that "somebody else" and not wait for "somebody else."

So, become "somebody else" and do it, if it needs to be done.

Become "somebody else" and make a difference by volunteering.

Be the "somebody else" who picks up trash, or better yet doesn't throw it down.

Take the initiative to be "somebody else" and reach out to help when your troop or fellow Airman needs someone.

A long time ago, a man named Isaiah became that "somebody else" by saying, "Here I am, use me." How about you?

If you aren't going to become the "somebody else", who is? If not now, then when?

Become the "somebody else" that makes the difference!



■ **Flea Market:** Services will host an outdoor flea market May 30 from 9 a.m. to 2 p.m. in the Officer's club lower parking lot. Cost is \$5 per spot. For more information, call 784-3123.

■ **Gospel Choir:** The chapel invites the Osan community to a performance by Pennsylvania State University Gospel Choir May 30 at 7 p.m. in the Osan High School auditorium. For more information, contact the chapel at 784-5000.

■ **GI Bill Briefing:** A representative from the Veteran's Affairs will conduct a briefing June 1 at 3 p.m. in the base theater. The VA is taking applications for the Post 9/11 GI Bill via a website. Apply online at: <http://vabenefits.vba.va.gov/vonapp/main.asp>.

■ **Cold Steel Sprint Triathlon:** The triathlon is scheduled for June 13 at 9 a.m. and is open to anyone else up for the challenge. The event will start at the Osan Airbase Pool, and will consist of the elite division, age groups and teams. Pre-registration cost is \$25 for individuals and \$35 for teams through June 5. Pre-registered participants will receive triathlon t-shirts. For more information, contact CW3 Peak at 784-4460 or SFC Mandrell at 784-3707.

■ **SARC Victim Advocates needed:** SARC provides essential support, liaison services and care to victims of Sexual Assault. Eligibility restrictions apply. For more information, contact Capt. Tresa Strickland at 784-2832.

■ **Osan Animal Shelter:** Volunteers 16 years or older are needed to walk and play with dogs and puppies, play with cats and kittens, and help with shelter cleaning during one of the three daily scheduled shelter times. Applications can be picked up at the Osan Veterinary Treatment Facility, at Bldg. 766.



Commander's Action Line



Complaint: *I was curious as to why taxi fares at Osan are so much higher than other bases in Korea. I have asked several people within my CoC and have been told to contact AAFES. Frankly, I'm not really interested in the AAFES answer to this question, because they are part of the problem. I would like to hear the reasoning from a more impartial source.*

Answer: Thank you for your question regarding the taxi fare rates here at Osan AB. The current taxi service at Osan is awarded every five years and is based on cost, other services like having an English speaking dispatcher, minimum English testing for the drivers, standards on the vehicle fleet, and the vehicle Replacement cost which is conducted every three years. The fare prices are included in this bid for the contract and may vary slightly from location to location. The price we pay here at Osan is the same as at Kunsan for they are the same contracted company. Recently, we conducted a survey on the average taxi fares on base and the result was approximately \$3.10, so our fares are competitive. I appreciate your taking the time to comment about the base taxi fares on Osan. If there are any additional questions, please feel free to contact Mr. Steven Pena, AAFES General Manager at 784-4293

Got burning question for the wing commander? Or perhaps you'd just like to voice a gripe, grief or complaint? The Commander's Action Line is your direct link to the commander. Call 784-4811 or direct e-mails to Osan.CommandersActionLine@osan.af.mil. *Note: If the issue affects the entire Osan community, your action line may appear anonymously in the Mig Alley Flyer, however, please address issues to your chain of command first.